

Finnish Food Offering: Bakery, Cereals and Grains



## **Oat Based Products**





1891



**EMPLOYEES** 

14 000+



**SIZE** 

Large



**HEADQUARTER** 

Lahti



**Fazer Mills** – Finnish milling expertise since 1971 and part of the Fazer Group. Fazer Group has grown into a 1.7 billion EUR international multi-business corporation. Today Fazer offers bakery, confectionery and biscuit products as well as food and café services.

Fazer Mills is the largest mill in Finland and represents the highest professional expertise. We provide high quality grain products from the best raw materials and support services to quality conscious clients.

The product range is wide and can be tailored to fit customers' specific criteria. Everything is made out of natural ingredients following strict standards. The state-of-the-art production lines guarantee freshness, high quality and flexibility that result in fast and efficient deliveries. Production of new special oat ingredients including oat beta glucan, oat protein and oat oil started in 2015.

Experienced raw material supplier with more than 30 exporting countries in Europe, Russia, Asia and North America.



- 1. Flours, mixes, oats
- 2. Bread improvers
- 3. Special ingredients
- 4. Consumer products

#### **SPECIALITY**

125 years heritage of confectionery making with a focus on premium quality. Very diverse brand and product portfolio. AIB, FSSC 22000, OHSAS, Kosher, Halal and organic production certificates.









1891



**EMPLOYEES** 

14 000+



**SIZE** 

Large



Lahti



**Fazer Bakery** – Finnish milling expertise since 1971 and part of the Fazer Group. Fazer Group has grown into a 1.7 billion EUR international multi-business corporation. Today Fazer offers bakery, confectionery and biscuit products.

Fazer Bakery product portfolio includes high quality breads. The product range is wide and can be tailored to fit customers' specific criteria. Everything is made out of natural ingredients following strict standards.



#### **PRODUCTS**

- 1. Rye and oats bread (fresh + frozen)
- 2. Cracker bread

#### **SPECIALITY**

125 years heritage of confectionery making with a focus on premium quality. Very diverse brand and product portfolio

World's first insect bread made with crickets

Vegetable bread





1891

SINCE EMPLOYEES

14 000+



SIZE

Large



HEADQUARTER

Lahti



**Fazer Lifestyle Foods** — At its best, food delights, nourishes and supports our health, all at the same time. Plant-based foods are quickly gaining market share as customers look for tastes that are good for the body, the mind and the environment. Fazer Lifestyle Foods answers these needs.

Fazer Lifestyle Foods combines foods that enhance well-being with products for those who seek to reduce the environmental strain of global food production. Its offering includes fruity **Froosh** smoothies, Fazer **Yosa** oat products and non-dairy drinks as well as **Frebaco** and **Fazer Alku** oat-based breakfast foods, and oat derivatives for the food, cosmetics and pharmaceuticals industries. The investment in a new factory in Lahti, Finland, which will utilise state-of-the-art technology to produce xylitol from oat hulls — a side stream of the oat milling process — marks a further step on the way towards enhanced sustainability and circular economy through innovation. The works on the site in Lahti have already been started.

#### **PRODUCTS**

- 1. Oat based products and non-dairy drinks
- 2. Smoothies

#### **SPECIALITY**

Innovative, consumer insight driven offering in the categories of non-dairy, plant-based meals, cereals and fruits















1939



**EMPLOYEES** 

1800



**SIZE** 

Large



**HEADQUARTER** 

Raisio



In Raisio's products, the focus is on well-being, health, good taste and sustainable development. Profitable growth is ensured through our strong expertise and passion for creating new. Raisio's shares are listed on Nasdaq Helsinki Ltd. In 2018, the Group's net sales for continuing operations totalled EUR 228 million and comparable EBIT was EUR 26 million. Our food is good for Health, Heart and Earth.

Raisio's top innovations and numerous inventions are proof of the company's ability to develop methods and products to solve global problems and profitability issues concerning the agri-food sector. Moreover, Raisio was the first company in the world to use water and carbon footprint labels on consumer products.

Raisio's main products include breakfast, snack and baking products, the ingredient of plant stanol ester in Benecol products as well as Benecol range, confectionery and feeds for livestock and fish. The Group's key market areas are Finland, the UK, Russia, Ukraine, Poland and the Czech Republic.

Raisio's operations are divided into two divisions: Brands and Raisioagro. Raisio's most recognised food brands are Benecol, Elovena, Sunnuntai, Nalle, Torino, Nordic, Provena, Benella, Hercules, Raisio Oats.

#### **PRODUCTS**

- **1.** Snack & Cereal, functional foods, gluten-free foods, confectionary. Also animal feed and grain trade
- 2. Dairy products

#### **SPECIALITY**

Grain based food products. Benemilk dairy cattle feeds are Raisio's top innovation. Raisio is also the only fish feed producer in Finland













www.helsinkimills.fi



**SINCE** 

1934



**EMPLOYEES** 

< 10



SIZE

Medium



**HEADQUARTER** 

Järvenpää



Helsinki Mills is a significant processor of Finnish grains. The company develops, markets and sells all kind of grain products for consumers, industrial customers, bakeries and industry. The company's basic raw material is locally grown Finnish grain, which is processed into different kind of baking and breakfast products.

Sustainability is one of the company values. Environmental friendly way to produce is at Helsinki Mills everyday life e.g. — all production facilities are using hydropower, green electricity. Regarding packaging materials used at Helsinki Mills, the environmental aspects are taken into consideration carefully.

Helsinki Mills is Finland's largest producer of organic cereal products and a significant exporter of organic oats. Today, exports represent as much as around 30 per cent of our total turnover. Helsinki Mills products, including flakes, porridge products, flours, baking goods, brans, breakfast cereals and biscuits and chips are now available in some 30 countries around the world. In Finland we are known as Helsingin Mylly and internationally as Helsinki Mills Ltd. Our organic oats range is particularly well known and demand for the our products is high on all continents – across Asia, Europe and the United States.

#### **PRODUCTS**

- **1.** All types of grain and oat products for consumers, industrial customers and bakeries, gluten free oats
- 2. Export products include organic cereal flakes, bran, flour and mixes.

#### **SPECIALITY**

Market leader in Finland for organic milled products for both industrial and retail sales. Also one of the biggest organic oat millers in the world















1928



**EMPLOYEES** 

< 250



**SIZE** 

Large



Hyvinkää



Myllyn Paras Oy manufactures, sells and markets flour, flakes, grits, pastas, frozen doughs and frozen baked goods. The company has two factories in Hyvinkää, Finland. The mill manufactures the flour, flakes, grits and pastas. The frozen food factory focuses on manufacturing frozen doughs and baked goods. Myllyn Paras employes more than a hundred people.

The mill annually processes approximately 75,000 tonnes of grain. Myllyn Paras is the Finnish market leader in pasta products with its market share of approximately 60%, and the second largest company in the flour and flake segment.

Myllyn Paras also manufactures products for export, mainly to Russia and the Baltic countries.











#### **PRODUCTS**

1. Flour, flakes, grits, pastas, frozen doughs and frozen baked goods

#### **SPECIALITY**

Finnish market leader in frozen doughs since introducing it into Finnish markets in 1988







### GOLD&GREEN®

OF HELSINKI

www.goldandgreenfoods.com/



**SINCE** 

2015



**EMPLOYEES** 

< 10



SIZE

Micro



**HEADQUARTER** 

Helsinki



#### Oats <3 Beans

Gold&Green is a radical novelty on your plate. It's not made of soy or wheat gluten. Instead, Gold&Green is made of oats and beans. Oat is the Northern superfood. It has amazing effects on the heart health, blood sugar and digestion. Oat is also one of the most ecological crops in the world. At the end of the fork oats & beans are yin & yang, forming together the perfectly balanced protein and a tender, juicy food structure.

#### Make my veggie day

Our secret is to collide the pure, clean Nordic oats with some age old Asian production methods. The result is completely new. Our products have approx 30% of good quality protein, combined with good fatty acids and fibers. You can finally say goodbye to the boring minced meat on Mondays, and the tasteless soy strips as the only vegetarian option. Plant based food that satisfies like good food should - it's finally here.





#### **PRODUCTS**

1. Plant protein foods based on Nordic oats and beans

#### **SPECIALITY**

Accolated Finnish start-up company producing complete plant protein, made ecologically with the Nordic oats & beans. Patented platform.





www.versofood.fi/en/home/



**SINCE** 

2010



**EMPLOYEES** 

< 10



SIZE

Micro

**HEADQUARTER** 

Vantaa



We are a Finnish company on a mission to produce and develop tasty vegetarian foods from Finnish fava beans. Our products are excellent sources of protein and dietary fibre and a sustainable alternative to soy. Fava Beans are one of the worlds most ancient crops that has been grown in Finland since the Middle Ages. Fava Beans can be seen as a new old food as they have gained publicity as a trendy ingredient in recent years.

Fava Beans are higly nutritious pulses that contain up to 30 % of protein in dry weight. The high protein content is complemented by a fair amount of dietary fibre, slow carbs and Bvitamins. In our products we use the entire bean – including their husks – which increases the fibre content significantly.

All of Verso Food's fava bean products are made in Finland and suitable for vegans. HÄRKIS® is precooked and a perfect alternative to minced meat – all you need to do is warm it up! Verso Fava Bean Granolas can be used as muesli and enjoyed for breakfast or as a snack. Enjoyed with yoghurt or milk – every munch keeps its crunch!

Verso Ground Fava Beans are an alternative vegetable protein source. From soups and stews to pancakes and patties the ground beans are a sustainable alternative to soy.

#### **PRODUCTS**

**1.** Fava bean products

#### **SPECIALITY**

Alternative vegetable protein source from cooking to baking













www.65oats.fi



**SINCE** 

1962



**EMPLOYEES** 

< 50



SIZE

Medium



**HEADQUARTER** 

Utajärvi



Our family mill, the northernmost oat mill in the world, is located in Utajärvi, northern Finland, at the 65th parallel north. It is one of the northernmost areas in the world where oats can be grown.

Good taste is one of the signs of quality; purity is another. For us, gluten-free oats also mean purity since oats are naturally gluten-free. Our brand new oat mill to be completed in 2019 will be one of the rare oat mills to be dedicated exclusively to processing gluten-free pure oats. We want this unique ingredient to remain pure throughout the chain to ensure that it can be enjoyed by as many people as possible as soon as the production starts in spring 2019.

All of our products are gluten-free, and organic versions are also available. Our products are intended as ingredients for food manufacturing companies.

#### **PRODUCTS**

1. Gluten free oats

#### **SPECIALITY**

Oats from northenmost oat mill in the world.





www.oatlaws.com



**SINCE** 

2016



**EMPLOYEES** 

< 10



SIZE

Micro



Nurmijärvi



Born and raised 20 kilometres from the nearest grocery store in the Nordic woods in the middle of nowhere, the founders of Oatlaws started to explore the possibilities of oat in addition to normal bakery products.

We re-invented oatmeal. No cooking. No waiting. No bottom-burned pots. Just shaking and drinking all the time. Pre-cooked wholegrain oats packed full of natural flavour from berries . Fast. Easy. Healthy. Illegally good. The Oatlaw products can be used for making a breakfast, snack or replace a meal in 30 seconds. Add Oatlaws to liquid and shake or boost a muesli bowl with it. Whether a snack during the rush hours, an endurance race, or a recovery boosts. Oatlaws keeps you in balance.

All the products are made from Finnish oats.

#### **PRODUCTS**

- **1.** Whole grain drink mixes: natural, or with extras like protein, flaxseed, bilberry, or cranberry
- 2. Gluten-free oat fibers
- 3. Single-estate oat meal

#### **SPECIALITY**

Fast, healthy and easy snacks.









www.westmills.eu



**SINCE** 

1997



**EMPLOYEES** 

< 20



SIZE

Small



**HEADQUARTER** 

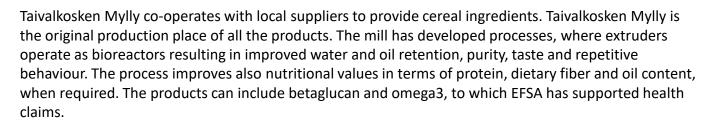
Jalasjärvi



Taivalkosken Mylly is located in Southern Ostrobothnia, where farming and food industries have a long tradition. The location allows carefully to select raw materials to ensure they reach highest standards. Taivalkosken Mylly uses also the name West Mills Ltd. All products of Taivalkosken Mylly are produced mainly from Nordic grains that include also organic products and Nordic berries. The grains and berries are pure and natural without E-codes. We have certified ISO 9001:2008 (FIHSK96008A) quality control system and Ecocert natural for cosmetics.

#### Taivalkosken Mylly produces:

Extruded cereal and berry ingredients for industry, Breakfast cereals TalkMuru, TyrniMuru and Rölli for Finnish retailers. The nutritional content of TalkMuru has been rated the best in Finland.



#### **PRODUCTS**

- **1.** Cereal and berry ingredients for industrial customers; oat betaglucan, hygienic flours
- 2. Breakfast cereals

#### **SPECIALITY**

Taivalkosken Mylly markets oat betaglucan as extruded non-expanded granules, flour and tailored versions. Extrusion gives structure, easier handling, high water retention and purity.







## **Oat Milk**





1966



**EMPLOYEES** 

150



SIZE

Medium



HEADQUARTER

Jalasjärvi



Juustoportti is a Finnish family owned company and they produce their products in Kurikka's Jalasjärvi in Southern Ostrobothnia. As a family business, we operate in a transparent, responsible manner and strive for continuous improvement.

We only use Finnish oats. We do not import grain or finished oat products from abroad. This reduces the carbon footprint and saves the environment. The carbon footprint of oatmeal packages has been credited. There is nothing superfluous in our oat drinks like carrageenan or gluten.



#### **PRODUCTS**

1. Oatmilk

#### **SPECIALITY**

Oatmilk made of Finnish oats, also offers cacao and coffee oatmilks.









### KASLINK

www.kaslink.com



**SINCE** 

2001



**EMPLOYEES** 

170



SIZE

Medium



**HEADQUARTER** 

Kouvola



Kaslink is an innovative and flexible company specialised in developing and manufacturing premium Scandinavian food products including cooking products, drinks and snacks. The family-owned company's products are sold in over 15 countries in Europe and it had a revenue of 65M euros and over 170 employees in 2018. Kaslink was established by Raino Kukkonen, the father of current owners Tuomas, Juha-Petteri and Matti Kukkonen, also known as brothers Kukkonen.

Our modern production facility in Kouvola, by the Kymijoki river, enables us to manufacture many different kinds of cooking products, drinks and snacks. The latest production technology ensures that all our products are packed into eco-friendly carton packages which can be recycled and distributed extremely efficiently with long shelf life. Kaslink is a house of active R&D. We strenghten our sturdy food industry experience with our own research and development department.

#### **PRODUCTS**

1. Plant-based products, dairy products, sauces, water

#### **SPECIALITY**

Aito products are made using high-quality ingredients from the pure Nordic nature. Our products are packed into eco-friendly carton packages and sustainability goes through the whole production process











# **Rye Based Products**



www.finncrisp.com/



**SINCE** 

1952



**EMPLOYEES** 

< 10



**SIZE** 

Micro



Veteli



The FINN CRISP brand was established in 1952, when FINN CRISP thin crisps were launched at the Helsinki Summer Olympic games.

Simple, pure and powerful FINN CRISP captures the essence of Finland for millions of people worldwide who care about eating healthily.

Finland has long traditions in crispbread consumption and crispbreads have been known in every household since the 1800's.

During the heyday of agrarian society, in the western part of Finland, it was traditional to bake bread only twice a year: in the autumn when the crops were new and in the spring, when the fresh water flowed freely in the streams and rivers after the winter. The crispy and nutritious bread was easy to store as it remained delicious for months.

Finn Crisp is produced by Vaasan, part of the Lantmännen Unibake Group. Finn Crisp is being exported to over 40 countries around the world.



#### **PRODUCTS**

1. Rye bread and rye snacks; flavored rye snacks



The Goodness of Nordic Nature. Products are thin&crispy. Baked with 100% wholegrain, rich in fibre and minerals, no additives, no fat added, no sugar added















1849



**EMPLOYEES** 

< 1300



**SIZE** 

Large



Helsinki



Vaasan Ltd is a Finnish bakery company that operates also in the Baltic countries. Our product range consists of bread and other bakery products. Our most known brands in Finland are Vaasan Ruispalat, Vaasan Taika and Vaasan Isopaahto.

In Finland we have been baking since 1849 which makes us Finland's second oldest bakery. We have local bakeries in eight different locations around the country.

Following an acquisition in June 2015 we are now a part of the international bakery group Lantmännen Unibake which produces fresh and frozen bread products for the retail and food service sectors. Vaasan Oy specializes from now on in producing fresh bakery products while our bake-off business was integrated into the operations of our Finnish sister company Lantmännen Unibake Finland on 1st January, 2016. Our crisp bread offering became a part of Lantmännen Cerealia on 1st May, 2016 – a company focusing on grain-based food; flour, breakfast, pasta and ready-to-eat meals.

#### **PRODUCTS**

**1.** Rye bread products, wholegrain breads, crispbreads; bakery products, cinnamon rolls, pastries, frozen pastries

#### **SPECIALITY**

The oldest bakery in Finland.













**SINCE** 

1964



**EMPLOYEES** 

< 100



SIZE

Medium



HEADQUARTER

Heinola



The history of Pekan Leipä goes back to 1888 when Bakery Manelin was founded in Heinola, Southern Finland. Local baker Pekka Mussalo bought the bakery in 1964 and the name was changed to Pekan Leipä Oy. Nowadays Pekka's son Arto Mussalo runs the business. Our breads and pastries are baked with traditional recipes with the twist of modern flavors. The quality, taste, healthiness and structure of the products are the main criterias guiding our product development.

Pekan Leipä Oy has been exporting organic bread to German market since 2003. The product became so popular that in the year 2008 a separate organic bakery was built in Heinola. In this modern IFS certificated bakery Pekan Leipä combines the traditional Finnish rye baking and the modern techniques.

Pekan Leipä's own brand, Finnbio, includes variety of Frozen Breads and Toasts. Toasts are also available as MAP (Modified Atmosphere Packed). Rye and Oats are widely recognized as part of healthy and balanced dietary. The easiest and most delicious way to ensure your daily intake of fiber is enjoy Finnbio Rye and Oat Breads. Our products are organic, lactose free and rich in fiber.

Pekan Leipä Oy manufactures breads also under private label to several German retail chains and to domestic customers. In 2015 Lidl's Biotrend Bio-Toastbrötchen both Rye and Wheat won DLG's Golden Medal.



1. Rye breads mixed with oat and other grains, and other bakery products

#### **SPECIALITY**

All ingredients are organic, lactose free and rich in fiber, and baked by using only traditional Finnish recipes











www.aarneandelsa.com



**SINCE** 

1936



**EMPLOYEES** 

190



SIZE

Medium



Tampere



It all began when husband and wife, Aarne & Elsa, opened their humble little bakery in Tampere, Finland, back in 1936. Their spirit and passion for sharing and partnership embodied everything created by the bakery and remains very much alive in all that we do today.

So, now we invite you to become part of our story.

Our quality ingredients and traditional methods are sure to make you fall for the unique taste of partnership and history in every bite. As well as the taste of authentic Finland that we've been enjoying for over 80 years.

We are known as a pioneer of the bakery industry, and we wish to also continue at the forefront of the industry in the future.

In addition to our operations in Finland, we also successfully export our products into various countries, such as Germany, Estonia, Sweden, and Russia.

#### **PRODUCTS**

- 1. Baked rye chips
- 2. Baked oat chips

#### **SPECIALITY**

80 years of history and market leader in crispy breads and rye snacks.









www.finnsnack.fi/en/



**SINCE** 

2007



**EMPLOYEES** 

< 10



SIZE

Micro



**HEADQUARTER** 

Veteli



FinnSnack (former Ruislandia) is a bakery that brings together healthy ingredients, great flavour and traditional baking techniques. Pure nordic taste, made with care in genuine brick-ovens.

Generational legacy has reached its apex in our 18 meter long brick-ovens, which are further tuned to follow today's ecological requirements. Our ovens have the air-flow and humidity distinct to good brick-ovens, where the oven itself soaks in the moisture exhumed by the bread returning some of the moisture gradually back to the baking product during the process. Our products are baked or roasted twice in the oven – a unique baking process that guarantees crispy texture filled with flavour. For us, taste is everything.

We use only 100% Finnish ingredients. Mellow seabreeze and soft summer sun gives growth to the crops we use to give our products their deep, rich flavour.

Grown in fields far from pollution or traffic, with cold winters giving pests a hard a time, we can dafely say our raw-materials are amongst the best and purest in the world. There are cheaper options available, but we want to use the best. And we hope, so do you.

#### **PRODUCTS**

1. Rye snacks and baby snacks

#### **SPECIALITY**

Rye snacks made from 100% Finnish ingredients using a unique baking process.











## **Potato Based Products**



www.finnamyl.fi/en/



**SINCE** 

1999



**EMPLOYEES** 

< 25



**SIZE** 

Medium



**HEADQUARTER** 

Kokemäki



Finnamyl Oy was founded in 1999, while the processing plant has been operating in Kokemäki since 1942. The company also includes Lapuan Peruna Oy, whose entire output is sold to the paper industry where it undergoes further processing. The raw materials for our products, starch potatoes, are grown primarily in the fine sandy soil of the Satakunta and Southern Ostrobothnia regions. Finnamyl's vision is to be the leading starch-potato contract farming company in Finland, an active manufacturer and developer of starch potato products and player on the global market.

Potato starch can be used to great effect in a wide variety of dishes. Whether it's a stew, soup, gravy or sauce you've got on the hob, let potato starch add its own magic to the mix - not forgetting fluffy pastries. Our potato starch is also available in an organic variety.

Sago Pearls are manufactured from our outstanding potato starch. They can be used in a wide variety of cooking and baking. The best known Sago delicacy in Finland is Sago porridge (called Helmi porridge in Finnish). Finnish potato starch and granules are also suitable for a gluten-free diet. Control & Certification: Certified quality system (ISO 9001:2000).

#### **PRODUCTS**

- 1. Potato starch, organic potato starch, Granule porridge
- 2. Industrial & large-scale potato starch & organic potato starch

#### **SPECIALITY**

Gluten-free and organic potato & potato starch products





**PERUNAJAUHOT** 







## **Gluten Free Products**



www.moilas.fi/eng/



**SINCE** 

1955



**EMPLOYEES** 

130



**SIZE** 

Medium



**HEADQUARTER** 

Naarajärvi



The Moilas Bakery makes bread products for every meal of the day. In addition to ordinary breads, our selection includes gluten-free products, like the popular Dark Bread.

Our selection is wide and caters for all tastes. This family business almost 60 years ago, but it is one of the most modern bakeries in Europe today.

The principle of making food with love and honesty from good ingredients has guided our operations since our bakery was established, 55 years ago. Our family business has grown into one of the largest bakeries in Finland, and the group now has 120 employees.

In addition to Finland, we export to Sweden, Norway, Denmark, Ireland, Holland, Hungary, and Italy.

#### **PRODUCTS**

**1.** Dark bread, Pan breads & rolls, coffeebreads, pizza & snacks. Mostly glutenfree products

#### **SPECIALITY**

Began producing gluten-free products in 1985 and are the market-leader in this sector in Finland



















www.vuohelanherkku.fi/en



**SINCE** 

2006



**EMPLOYEES** 

< 80



SIZE

Small



**HEADQUARTER** 

Lahti



The story began in a small home bakery on the Vuohela farm, which is almost 200 years old. Everything was changed when the founder of the company, managing director Pirkko Hämäläinen, was diagnosed with celiac disease. Pirkko was shocked when she discovered the extent to which gluten-free products lacked any taste. She decided to do something about it, beginning the development process of gluten-free products and focusing on the best raw materials, delicious recipes and the traditional baker's craft. "When you do something, make sure it's absolutely the very best it can be."

That was the beginning of a success story. Today, Vuohelan Herkku is one of the most beloved gluten-free brands in Finland. Our products go well with a broad range of diets. Vuohelan herkku is the leading producer of gluten-free fresh products in Finland.













#### **PRODUCTS**

1. Fresh and frozen bakery products, dough and flours

#### **SPECIALITY**

All products are gluten-free and whenever possible only Finnish ingredients is used





1983



**EMPLOYEES** 

< 120



SIZE

Medium



**HEADQUARTER** 

Nurmes



Porokylän Leipomo Oy is a family business founded in

1983. We specialize in handmade bakery products, which we bake with delicious t aste, consistent quality and good service above. Our bakeries are located in North Karelia, in the cities of Nurmes and Lieksa. We produce gluten-free products at Lieksa Bakery. Our net sales in 2017 were EUR 15.1 million.

The main products are handmade rye breads, carelian pies, and non-glutein products.







#### **PRODUCTS**

1. Rye bread, carelian pie, non-glutein bread

#### **SPECIALITY**

Handmade rye products, non-glutein products.







# **Other Bakery Products**



www.birkkala.com/en/



**SINCE** 

2014



**EMPLOYEES** 

<



SIZE



Suomusjärvi



Spelt (Triticum spelta) is an approximately 9,000 years old plant; one of the first grains cultivated by humans. Spelt can be used for all baking and cooking. It gives a nutty, aromatic and full flavour to pastry and food. The most significant nutritional property of spelt is its **rich protein content**. Whole spelt grain also contains **plenty of fibre**. According to a study carried out in Australia, spelt contains less specific short-chained carbohydrates (**so-called FODMAP carbohydrates**) than other grain, which reduces abdominal swelling and pain experienced by some people.

The spelt pruducts from Birkkala Farm are authentic and original spelt. Our products are available for both **organic** and with the **produce of Finland label**. Spelt flour from Birkkala is grained in our own farm in a **stone mill**. Our spelt flour are milled in a stone mill that mills the grain gently, so that the vitamins and minerals are not damaged. Our product are available in all well-stocked grocery stores.



#### **PRODUCTS**

- 1. Spelt whole grains, wholemeal spelt flakes, pearled spelt
- 2. Semolina spelt flour, spelt wholemeal flour, spelt white flour



#### **SPECIALITY**

Suitable for special diets, less allergenic and better digestible, processing only spelt.





http://bostrom.fi/en/home.html



**SINCE** 

1939



**EMPLOYEES** 

30



SIZE

**Small** 



**HEADQUARTER** 

Lepplax



Boström's bakery in Lepplax has been making high quality products for every occasion since 1939. Our main products are swiss rolls which are sold every where in Finland under our own brand and also as private label rolls. One fourth of our production goes on export.

In addition to swiss rolls we make delicious pastries and muffins, bisquits and ginger breads. Frozen products are manufactured on contract. Sponge cakes and layer cakes are made for both consumers and other bakeries.

With a new production- and packaging line we doubled our production capacity in 2014. Delicious products are needed – Celebrate every day!





#### **PRODUCTS**

**1.** Oatcrisps, swiss rolls, pastries, muffins, layer cakes and tartelettes, fructose-sweetened products

#### **SPECIALITY**

Company history of 70 years. Market leader of Swiss Rolls both in Finland and Sweden







www.lantmannen-unibake.com/



**SINCE** 

1998 (FI)



**EMPLOYEES** 

< 100



SIZE

Medium



**HEADQUARTER** 

Vantaa



Finnish subsidiary of the Swedish group Lantmännen Unibake. 27 000 Swedish farmers share collective ownership of Lantmännen, one of Northern Europe's largest groups within the agriculture, machinery, energy and food sector. Lantmännen is present in more than 20 countries worldwide.

Lantmännen Unibake is an international bakery group with expertise in frozen and fresh bakery products. Approx 6,000 employees in 21 countries, 35 bakeries and Net sales 1,1 bn EUR.

In 2015, Lantmännen acquired the leading bakery operator in Finland, Vaasan.



#### **PRODUCTS**

1. Breads, pastry, fast foods

#### **SPECIALITY**

One of Northern Europe's largest groups within the agriculture, machinery, energy and food sector. Specializes in bakery products.





www.pirjonpakari.fi/



**SINCE** 

1985



**EMPLOYEES** 

< 20



SIZE

**Small** 



**HEADQUARTER** 

Seinäjoki



Pirjon Pakari is a Finnish bakery company founded in 1985. The company has three bakeries in Finland; at Seinäjoki, Nurmijärvi, and Ylöjärvi.

Products also sold widely in Finnish retail markets.













1. Various bread products (wholegrain, rye, white, carrot bread, etc.)

#### **SPECIALITY**

Domestic ingredients only, several awards and nominations in Finland



www.vanajan.fi/en/



**SINCE** 

1962



**EMPLOYEES** 

< 50



SIZE

Small



Hämeenlinna



We are a traditional, innovative and growing biscuit factory in Hämeenlinna - the heart of Finland.

The company's ownership structure is purely Finnish and Vanajan Keksit will keep maintaining and continuing the Kantola's five decades old baking traditions.

There are three important production factors behind our tasty and crunchy wafers, biscuits and crisp rolls rusks; first-class raw materials, skilled and motivated staff, and a high- quality production technology.

Our product development procedures are based on the feedback from our customers and dialog with our cooperation partners. Each one of us in the company management are entrepreneurs and dare think out loud.

We are active on the export sector and our products are sold in several European countries.



1. Wafers, Biscuits, and Crisp Rolls

#### **SPECIALITY**

The owners of the company are also responsible for the daily operative activities











### **EU Recommendation on Company Size**



Company category	Employees	Turnover	or	Balance sheet total
Medium-sized	< 250	≤€ 50 m	:	≤ € 43 m
Small	< 50	≤€ 10 m	:	≤€ 10 m
Micro	< 10	≤€2 m	:	≤ € 2 m

### **Company sizes in the list according to EU recommendation**





= Company has products with EU organic logo certification