



Finnish Food Offering: Organic products



Berry based Products



www.kiantama.fi/en/
<http://www.biokia.fi/en/>



SINCE

1973



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Suomussalmi



Kiantama is a Finnish company founded in 1973, specializing in the processing of wild berries. We produce and develop high-quality berry products and raw material for food, health supplement and cosmetics industries. Kiantama sells part of its products under Biokia brand name.

Biokia berries are handpicked to ensure highest quality and sustainability of the forests. In addition to local berry pickers, hundreds of foreign berry pickers are also invited to come and pick berries during the season every year. We take responsibility for paying a reasonable salary for our berry pickers. All our operations comply with the ISO 26000 Guidance on Social Responsibility

The juicy berries arrive are gently processed into delicious products. They are dried, frozen, powdered, cold pressed and coated gently, in accordance with meticulous and carefully supervised process. No additives, artificial sweeteners or preservatives are added to the berries. Our production line is ISO 22000, Kosher and Halal certified.

Kiantama exports currently to China, US, UK, Japan, Korea, Sweden, Germany among others.



PRODUCTS

1. Berry powders, juices, chocolate berries, IQF berries, dried berries, purées

SPECIALITY

Versatile berry products for consumers and industries world wide





<http://eng.kaskeinmarja.fi/>



SINCE

1981



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Taavetti



Kaskein Marja Oy produces juices, jams, alcoholic and non-alcoholic drinks, frozen berries, fresh berries and mushrooms, dried berries and mushrooms, frozen mushrooms and mushrooms in brine.

We manufacture our products from Finnish or Nordic berries and mushrooms, due to which the aroma and purity is superior and the unique quality of our products is guaranteed.

Kaskein Marja Oy was founded in 1981 and has processed raw materials from the Nordic wild throughout its entire history. We produce both retail and HoReCa products. Our customers include retail chains, bakeries, hospitals, catering companies, restaurants, hotels and delicatessen shops. Our products are always made from pure raw materials, with respect to Finnish food culture.



PRODUCTS

1. Berry powders, jams and drinks, freeze dried berries, mushrooms.



SPECIALITY

Versatile production possibilities of Nordic berries and mushrooms. Also OEM.





www.arcticsuperfoods.com



SINCE

1981



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Taavetti



Here in Finnish Lapland, the northernmost part of Europe, the Arctic nature, in all its richness, is present everywhere. Healthy and nutritious wild berries and herbs are our foundation and source of inspiration.

All our berries and wild herbs come to us fresh from our trusted local partners in Finland. We do our utmost to source all other ingredients from as close as possible. As an innovative and forward-thinking company, we are also constantly testing new flavour combinations with other local wild berries.

The base of our delicious bars has been made of carrots, hemp seeds and gluten-free pure oats. The delightful sweetness comes from luscious honey. The perfect flavour experience is finalised by adding wild herbs, such as nettle, spruce sprout, and birch leaf. We also have a range of chocolate-layered bars for special moments of indulgence.

All of our products are made and packaged in Finland.



PRODUCTS

1. Snack bars

SPECIALITY

Wilder snack bars are rich with the brightest stars of pure Nordic nature: wild blueberry, lingonberry and sea buckthorn.





www.linseed.fi/en/



SINCE

2008



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Kauhajoki



The business idea of Linseed Ltd is to produce raw materials for the food industry from flaxseed (linseed) which have excellent nutritional and functional benefits.

A total area of 500 hectares of linseed fields are cultivated by our contract farmers mainly in north-west Finland near by Arctic Circle. -This area is the most northern place where the flaxseed grows. The growing season is very short but sunny because of the light summer nights. This special climate allows the flaxseed to ripen before frost and snow. From this cold and pure nature the flaxseeds are harvested for Linseed's special FlaxseedFields® product family. Our farmers are given comprehensive training and the production is carefully supervised.

FlaxseedFields® products come from north-west Finland near the Arctic Circle - this area is the most northern place where the flaxseed grows. The growing season is very short but sunny because of the light summer nights. This special climate allows the flaxseed to ripen before harvest and snow. From this cold and pure nature the flaxseeds are harvested for Linseed's special FlaxseedFields® product family.



PRODUCTS

1. Flaxseed (natural/roast/roast&berries/roast seed)
2. Gluten-free flour mixtures

SPECIALITY

The most northern location where flaxseed grows





www.eeviahealth.com/



SINCE

2013



EMPLOYEES

< 20



SIZE

Small



HEADQUARTER

Seinäjoki



Hello, we are Eevia! We are a natural health company that produces healthy ingredients to keep your business growing and your clients healthy!

We believe it is important to live happier and healthier - performing well and achieving great things in life. Good health plays an important role in supporting our lifestyle demands. Potent organic ingredients from the Arctic forests provide extra powerful antioxidants that reduce inflammations in our bodies and may reduce risks for future diseases. Better health is simply also better business!

We wanted to work closer with nature, with more natural products and share the benefits with consumers all over the world.

Now we have left the pharmaceutical industry and we are only working with natural ingredients and superfood.

PRODUCTS

1. Raw materials and extracts from nature; lingonberry, bilberry, pine bark, chaga

SPECIALITY

Organic and high quality ingredients from the Finnish forests.





www.leader.fi/eng/



SINCE

2001



EMPLOYEES

< 100



SIZE

Medium



HEADQUARTER

Vantaa



Leader Foods Oy is the leading Finnish manufacturing and marketing company of unique and high-quality protein foods, health products, vitamins and sports nutrients, as well as Superfoods. All Leader products are manufactured in Finland, in Leader's own factories in Vantaa and Toholampi. Innovative product development and modern production facilities ensures the quality and uniqueness of the products.

Leader brands include Leader Natural Foods, Vida, BareBars, So-Lo-Carb! and SoftBar. All brands and product are offering solutions for the overall well-being as a part of healthy lifestyle.

As Leader Foods slogan "the Best for you" promises, we offer only the best. On-going product development and efficient quality control guarantees a first-class and safe product range. Leader Foods works closely with the universities of Helsinki and St. Petersburg, with the accredited Finnish analysis laboratory Eurofins, which specializes in food research, and with Scandic Pharma, specialists in food safety and efficiency. Leader purchases 92% of the raw materials for its products from Finland or from Europe.

PRODUCTS

1. Superfoods (smoothies, smoothie powders, berry powders, seeds, tablets)
2. Protein & diet bars; raw chocolate; food supplements; sports nutrition;
3. Sports drinks; vitamin waters; vitamin supplements

SPECIALITY

Leading Finnish health product & sports nutrition company





www.vavesaari.fi/



SINCE

2009



EMPLOYEES

< 10



SIZE

Micro



HEADQUARTER

Kangasniemi



The Vavesaari farm company produces high-quality accommodation services as well as garden products for retailers and wholesalers. Vavesaaren Tila Oy produces and sells genuine organic berry and grain products for retailers and wholesalers.

Vavesaaren Tila Oy makes mueslis, juices, marmalade sweets and jams that are sold nationwide. We also make products as a subcontractor for other companies. Our juice station produces juices from customers' apples and berries.



PRODUCTS

1. Jams, marmelades, juices, non-alcoholic mulled wine, muesli, sweets

SPECIALITY

Vavesaaren Tila uses genuine and organic products grown in the farm or clean Finnish forests





maustaja

www.maustaja.fi/eng/index.html



SINCE

1972



EMPLOYEES

< 100



SIZE

Medium



HEADQUARTER

Pyhäntä



Maustaja Ltd specialises in the processing, packaging and overall production of foods. Market orientation, a worldwide supplier network, flexibility and the efficient management of the work-flows combined with strict quality management have contributed to Maustaja Ltd becoming one of the leading contract manufacturers in Europe. The same factors enable Maustaja Ltd to be highly qualified for contract production of organic food products for the European and global organic market.

As a manufacturer of jams Maustaja has a strong proficiency based on persistent product development. We manufacture strawberry, raspberry, cloudberry, lingonberry and different kinds of compound jams with batches of 600 g – 1000 kg. Plum flan fillings are manufactured seasonally. The composition of jam is customer and product based.

Currently exports to Scandinavia, Baltic, Russia, Poland and China.



PRODUCTS

1. Mustard, ketchup, dressings, Bbq, mayonnaises, jams, berry products

SPECIALITY

FSSC 22 000, BRC, ORGANIC, FAIR TRADE





www.polarica.com



SINCE

1989



EMPLOYEES

< 100



SIZE

Medium



HEADQUARTER

Rovaniemi



Polarica Group is Europe's leading supplier of wild food – berries, mushrooms and game meat. The company's story dates back to 1972 when Polarica AB started business operations in Haparanda, Swedish Lapland.

Over the years, the company has grown into an international group but its roots are still firmly in the north. The pure nature of Lapland is the source of many of our wild berries as well as reindeer; and headquarters are still in northern Sweden.

Wild berries such as blueberries, lingonberries and cloudberries are the company's main berry products.



PRODUCTS

1. Fresh and frozen wild berries





www.pakkasmarja.fi/



SINCE

1982



EMPLOYEES

20



SIZE

Small



HEADQUARTER

Suonenjoki



Berry company owned by farmers.

The basis of well-being is nutritious food, and an important part of it for us Finns is the local berries. Our mission is to offer Finnish people domestic, safe and healthy berries around the year, and to secure Finnish farming work in the future as well.

We produce garden, forest, and organic berries. 90% of our products are domestic. The 100% domestic berries are from organic farms and forests in Finland. We are ISO 9001:2008 quality certified and we have 200 contract farmers.



PRODUCTS

1. Frozen berries (blueberry, strawberry, lingonberry, blackcurrant, berry mixes)
2. Berry purees (strawberry, blackcurrant, sea buckthorn-strawberry mix)

SPECIALITY

Organic and locally produced berry products





www.bonnejuomat.fi/



SINCE

1998



EMPLOYEES

< 30



SIZE

Small



HEADQUARTER

Lohja



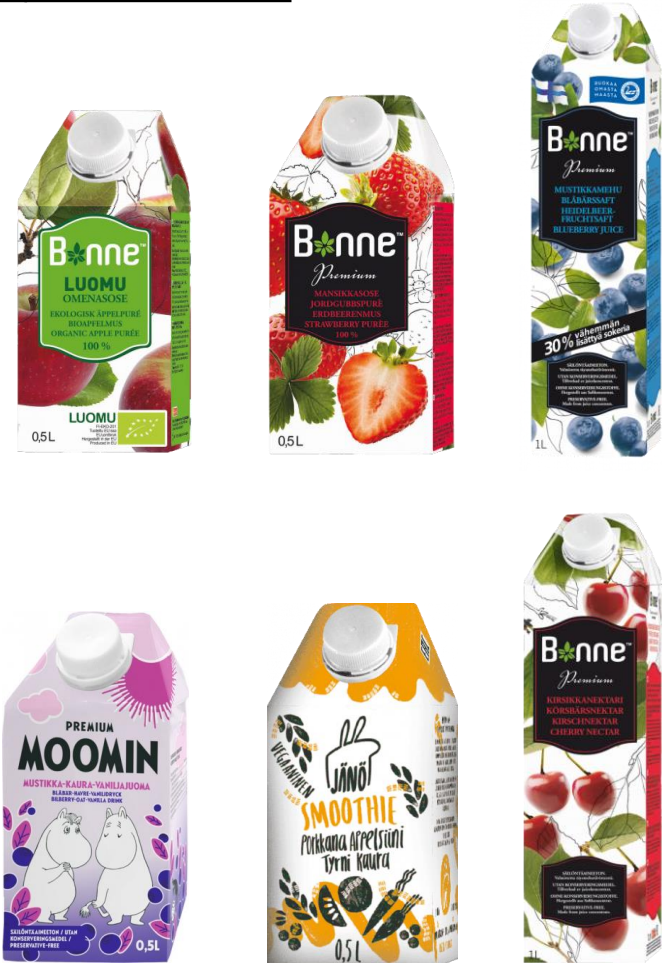
Bonne Juomat Oy is a manufacturer of genuine, tasty and healthy fruit, berry and vegetable beverage products. The company began producing juice products for professional kitchens in 1998 and later expanded into the retail market. The current product range includes fruit and berry juices, juice drinks, nectars, unsweetened and sugared juice concentrates and fruit, berry and vegetable purées. Our products are sold and marketed to consumers and professional kitchens in Finland and also exported abroad under the Bonne brand.

Bonne products are manufactured in Finland using nature's finest raw materials and fresh spring water. Our principle is to make products that taste good and are good for you.

In addition to the fruits and berries, another important factor that adds to the taste of Bonne products is the natural spring water used in production. The spring water is sourced from the Lähteenlohko spring in the pristine environment of Lohjanharju, Finland. Lähteenlohko spring water is fresh, untreated, natural spring water filtered through the thick, clear sand and moraine layers of the ridge. That's why Bonne products taste genuine and wholesome.

PRODUCTS

1. Juices, snack drinks and vegetable and berry purées
2. HoReCa



Honey



www.hunajainensam.fi



SINCE

1987



EMPLOYEES

< 30



SIZE

Small



HEADQUARTER

Porvoo



Hunajainen SAM is a Finnish family-owned, second generation Premium Honey Company. Market leader in Finland, both in the Retail Sector and in the Horeca / Food Service Sector. We have taken marketing into the core and today we are a Brand Company who stands for Modern Luxury Honey Products with a Twist.



PRODUCTS

1. Premium Honey Products (running honey, organic honey, honey sticks, crystallized honey etc.)

SPECIALITY

Modern luxury honey products with a twist



Birch Sap



www.drinklif.com



SINCE

2016



EMPLOYEES

< 10



SIZE

Small



HEADQUARTER

Helsinki



Our birch water is extracted from Finnish forests and offers a mild woody taste of Nordic nature with tender notes of wild berries and herbs.

With no sugar added and packed with minerals, Lif is a drink for those looking for healthy, sustainable and responsibly produced drinking options.

We have only natural flavours and inspired by the Nordic wilderness

In Finland, Nature overlooks the mass production of healthy ingredients full of vitamins, minerals and trace elements. Our trees grow in a clean environment, pesticides free. Just pure water, soil and air. While our berries and herbs get a lot of sunlight and warm temperatures during the long summer days, and because of it they are rich and more nutritious.



PRODUCTS

1. Flavored birch sap drinks



SPECIALITY

Premium nordic birch sap drink that has been awarded for its design. They use only high quality, certified organic birch sap from Finland.





SINCE
2017



EMPLOYEES
< 10



SIZE
Micro



HEADQUARTER
Pieksämäki



ALLED KOIVUNMAHLA in our native Finnish, our Birch Sap drink is as pure as only nature can be. We process it as little and as carefully as possible to retain its fresh taste and purity in order to produce as natural and organic a product as we can. Indeed, while the ingredients are always the same, our Koivunmahla may differ vastly from one season to another.

We're proud of what we've accomplished: the taste of Koivunmahla takes you to journey through a birch grove on a dewy morning, refreshing and rejuvenating you by the power of the Finnish wilderness itself.

Koivunmahlajuoma is well suited for both grand feasts and modest occasions, or as a simple refreshment after an arduous day or a hot sauna. We find it best served ice cold.

Pasturated, store in cool place.

Shelf life: 12 months.



PRODUCTS

1. Birch Sap

SPECIALITY

Birch Sap drink is as pure as only nature can be





www.arcticbirch.fi



SINCE

2016



EMPLOYEES

< 10



SIZE

Micro



HEADQUARTER

Vesterö



Arctic Birch is a family-owned company founded in 2016, specializing in natural birch products.

Birch sap and other birch extracts have been used for hundreds of years. They are valued for their natural health benefits, cleansing the body and boosting health.

The light sensation you notice after drinking birch sap is believed to devolve upon the relation between sodium and potassium. Since the amount of sodium is low and levels of potassium in birch sap are high, it facilitates the transport of fluids out of the body. This makes the person feel light and easy-going. It's a great drink after workout or sports! Nature's own detox, crafted by nature. Birch sap is expected to follow the success of other "tree waters" such as coconut water.

It's also the perfect component to add into cosmetics making skin softer and silky to the touch. It provides skin toning and moisturizing properties.

Birch ash is prepared of birches that grow in the areas near the Arctic Circle. Light nights and clean air give a sound birch, a birch that coupled with a soil rich in minerals has proved to contain many vital substances. Is very alkaline and is used to balance pH value in the body

PRODUCTS

Birch Sap, Birch Ash

SPECIALITY

Bulk shipments of organic birch sap without additives. Can offer amounts up to 500t. liters. Customized bottling solutions.





SINCE
1996



EMPLOYEES
< 10



SIZE
Micro



HEADQUARTER
Tohmajärvi



Nordic Koivu Ltd – the world's leading birch sap producer delivers high-quality birch sap for consumers and carries out research and development on utilizing birch sap as raw material for the food, drink, and cosmetics industries. Our unique process technology enables the collection of sap directly from the birch and ensures long preservation of the product without additives, preservatives, or heat treatment.

The interest in birch sap as an ingredient in both the cosmetic industry and food & beverage industry is rapidly increasing. These industries are strongly focusing on production development accompanied by the importance of creating new products using natural ingredients. This spring Nordic Koivu Ltd produced birch sap in large containers for several significant industrial clients according to their individual, specific requirements.



PRODUCTS

1. Birch sap

SPECIALITY

The company has pioneered in both the collection methods of birch sap and its production system; the system is the first of its kind in the world





Baby & Kids products



www.realsnacks.fi/



SINCE

2001



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Pyhäntä



Real Snacks is a Finnish company producing potato chips and other crisps. We put e into quality and our product development to bring chips products fitting internati taste to the markets. Our company is FSSC 22000 certified.

In addition to potato chips, we produce Junior organic corn snacks and Real Snacks sai Approximately 21% of the annual turnover comes from the exports to Sweden, Nor Denmark, Russia and China.



PRODUCTS

1. Organic corn snacks (original/strawberry)

SPECIALITY

Organic corn snacks





PÍRKKA

www.pirkka.fi/
www.kesko.fi/en/



SINCE

1940



EMPLOYEES

< 20 000



SIZE

Large



HEADQUARTER

Helsinki



Kesko Corporation is a Finnish retailing conglomerate with its head office in Katajanokka, Helsinki. It is engaged in the food trade, the home and specialty goods trade, the building and home improvement trade, and the car and machinery trade. It also has subsidiaries in Sweden, Norway, Estonia, Latvia, Lithuania, Russia, and Belarus.

Kesko Food is a key operator in the Finnish grocery trade. Kesko Food's private brands include Pirkka and Euro Shopper.

Kesko's Pirkka products include children's food puree's, which are organic products made from various fruits, meat and vegetables. The Pirkka food puree's fulfill the strict legal criterias as well as the regulations set for organic foods. The producing factory is ISO 22000 certified.



The Pirkka children's food purees are meant for children aged **4 months to 8 months**, but also fit the taste of older children. They can also be used for cooking, baking, or flavoring yoghurts etc.

PRODUCTS

1. Organic food puree products (vegetable/fruit/meat)

SPECIALITY

High quality organic children's food



Laatupaakarín

www.maissinaksut.fi/



SINCE

1994



EMPLOYEES

< 30



SIZE

Small



HEADQUARTER

Kiiminki



Suomen Laatupaakari Oy is a food product company started in Kiiminki in 1994. Our specialty is delicious corn snack products that are sold in the big retail markets in Finland.

Guaranteed natural – With the transparent packaging you can see what you are buying. Natural products do not need aluminium packaging.

Finland's most popular – Laatupaakari Corn Snacks are the most popular products in Sweden and Finland.

No GMO's – Our products are made only from corn. The snacks do not contain traces of any other food ingredients.

The original corn snacks are 100% organic and all of our products contain 0% salt.



PRODUCTS

1. Organic corn snacks, vanilla snacks, fruit snacks

SPECIALITY

Organic corn snacks that does not contain added salt or sugar.





Chocolate



www.goodiochocolate.com



SINCE

2015



EMPLOYEES

< 10



SIZE

Small



HEADQUARTER

Helsinki



Goodio was created on the principles of sustainability, well-being, and transparency. It's a vision to bring Nordic-inspired flavors to a chocolate brand for the global consumer.

"We prize organic, nutritious ingredients, and fuse them with unique flavors, such as wild blueberry and sea buckthorn to give you a delicious one-of-a-kind treat. All our bars are made with raw cacao, which is high in antioxidants and classified as a superfood."

Our chocolate is minimally processed to keep the ingredients as close to their natural state as possible. From Helsinki with love, Goodio chocolate is handmade with care.



PRODUCTS

1. Chocolate

SPECIALITY

Raw, vegan, hand-crafted chocolate, oat chocolate





SINCE

1994



EMPLOYEES

< 10



SIZE

Micro



HEADQUARTER

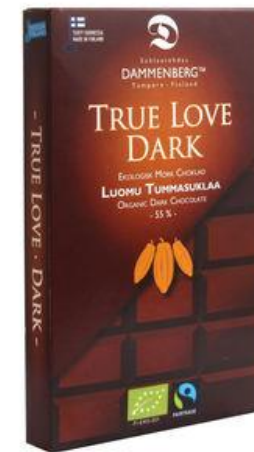
Lempäälä



Dammenberg chocolates are lovingly handmade from the finest natural materials. Our story begun with a love for chocolate and for the special moment that should be shared with everybody.

Our allergen-free chocolates bring up a smile for every chocolate lovers face. Our products are entirely free of nuts, gluten, egg and GMO and also Halal certified. We also produce soy-free, milk-free and sugar-free chocolates while preserving the complete taste experience.

Dammenberg currently exports their products to France, Germany, Norway, Sweden, Japan, and United Arab Emirates.



PRODUCTS

1. Hand-made chocolate products of various tastes; milk, dark, extra-dark, mint, caramel, orange, sugar-free, organic, organic fairtrade

SPECIALITY

The first chocolate factory in Europe to be fully nut, gluten, and egg free.





Licorice



www.makulaku.fi/en/frontpage/



SINCE

1994



EMPLOYEES

< 100



SIZE

Large



HEADQUARTER

Porvoo



Makulaku has been developing liquorice products already since 1994. The taste has always been the guiding light of our product development, which has resulted in a happy and colorful world of flavors, offering the consumers besides the traditional black liquorice, a fascinating new range of flavor combinations.

The major strengths of Makulaku is the knowledge and the product development of liquorice. In 1997 Makulaku launched the first black organic liquorice to the international markets. In the year of 2011 Makulaku was once again the first company to introduce a new product range comprising a choice of organic filled liquorice.

The liquorice manufactory in Porvoo is new and environmentally friendly. For example, geothermal energy is used for heating up the factory. We use a certified FSSC 22000 food safety management system. The production is also certified organic. We strive to get our products as fresh as possible to our consumers and, therefore, an immense part of the production is made directly for delivery.

Makulaku Lakritsa Oy is part of Makua Foods Oy Group

PRODUCTS

1. Licorice

SPECIALITY

Organic licorice suitable for vegans



Ice cream

BY *Suomisen Maito* ASB
— PIENI JÄÄTELÖTEHDAS —

www.jymy.fi/?lang=en



SINCE

1984



EMPLOYEES

< 10



SIZE

Micro



HEADQUARTER

Aura



When our aim is to do the best possible ice cream, it is made from the organic milk, that is brought to us on the morning, freshly milked, from cows gallop away, from the Suominen's dairy-farm. In our small ice cream factory it meets the wild and pure berries, roasted coffee-beans, dark chocolate, vanilla – all of entirely organic origin, too. Flavors created with passion are then frozen to be the fresh, delicious Finnish JYMY ice cream. Taste it and you will understand.

Our little ice cream factory is located in a small town called Aura, West of Finland, a few miles away from the organic dairy-farm, that produces our fresh daily milk. In our tiny factory we produce our ice cream, with a plenty of manual craftsmanship and artisan tradition. Even the organic Bourbon vanilla-pods from Madagaskar are scraped by hand to achieve the pure and authentic vanilla taste.



PRODUCTS

1. Organic Ice cream

SPECIALITY

Uses only organic ingredients, milk from truly happy cows



Oat and rye based products

HELSINKI MILLS
- Since 1934 -

www.helsinkimills.fi



SINCE

1934



EMPLOYEES

< 10



SIZE

Medium



HEADQUARTER

Järvenpää



Helsinki Mills is a significant processor of Finnish grains. The company develops, markets and sells all kind of grain products for consumers, industrial customers, bakeries and industry. The company's basic raw material is locally grown Finnish grain, which is processed into different kind of baking and breakfast products.

Sustainability is one of the company values. Environmental friendly way to produce is at Helsinki Mills everyday life e.g. – all production facilities are using hydropower, green electricity. Regarding packaging materials used at Helsinki Mills, the environmental aspects are taken into consideration carefully.

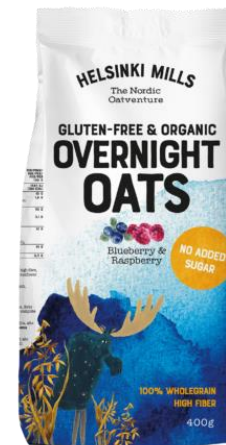
Helsinki Mills is Finland's largest producer of organic cereal products and a significant exporter of organic oats. Today, exports represent as much as around 30 per cent of our total turnover. Helsinki Mills products, including flakes, porridge products, flours, baking goods, brans, breakfast cereals and biscuits and chips are now available in some 30 countries around the world. In Finland we are known as Helsingin Mylly and internationally as Helsinki Mills Ltd. Our organic oats range is particularly well known and demand for the our products is high on all continents – across Asia, Europe and the United States.

PRODUCTS

1. All types of grain and oat products for consumers, industrial customers and bakeries, gluten free oats
2. Export products include organic cereal flakes, bran, flour and mixes.

SPECIALITY

Market leader in Finland for organic milled products for both industrial and retail sales. Also one of the biggest organic oat millers in the world





<http://www.fazermills.com/>



SINCE

1891



EMPLOYEES

14 000+



SIZE

Large



HEADQUARTER

Lahti



Fazer Mills – Finnish milling expertise since 1971 and part of the Fazer Group. Fazer Group has grown into a 1.7 billion EUR international multi-business corporation. Today Fazer offers bakery, confectionery and biscuit products as well as food and café services.

Fazer Mills is the largest mill in Finland and represents the highest professional expertise. We provide high quality grain products from the best raw materials and support services to quality conscious clients.

The product range is wide and can be tailored to fit customers' specific criteria. Everything is made out of natural ingredients following strict standards. The state-of-the-art production lines guarantee freshness, high quality and flexibility that result in fast and efficient deliveries. Production of new special oat ingredients including oat beta glucan, oat protein and oat oil started in 2015.

Experienced raw material supplier with more than 30 exporting countries in Europe, Russia, Asia and North America.

PRODUCTS

1. Flours, mixes, oats
2. Bread improvers
3. Special ingredients
4. Consumer products

SPECIALITY

125 years heritage of confectionery making with a focus on premium quality. Very diverse brand and product portfolio. AIB, FSSC 22000, OHSAS, Kosher, Halal and organic production certificates.





www.myllynparas.com



SINCE

1928



EMPLOYEES

< 250



SIZE

Large



HEADQUARTER

Hyvinkää



Myllyn Paras Oy manufactures, sells and markets flour, flakes, grits, pastas, frozen doughs and frozen baked goods. The company has two factories in Hyvinkää, Finland. The mill manufactures the flour, flakes, grits and pastas. The frozen food factory focuses on manufacturing frozen doughs and baked goods. Myllyn Paras employs more than a hundred people.

The mill annually processes approximately 75,000 tonnes of grain. Myllyn Paras is the Finnish market leader in pasta products with its market share of approximately 60%, and the second largest company in the flour and flake segment.

Myllyn Paras also manufactures products for export, mainly to Russia and the Baltic countries.

PRODUCTS

1. Flour, flakes, grits, pastas, frozen doughs and frozen baked goods

SPECIALITY

Finnish market leader in frozen doughs since introducing it into Finnish markets in 1988



KASLINK



SINCE

2001



EMPLOYEES

170



SIZE

Medium



HEADQUARTER

Kouvola



Kaslink is an innovative and flexible company specialised in developing and manufacturing premium Scandinavian food products including cooking products, drinks and snacks. The family-owned company's products are sold in over 15 countries in Europe and it had a revenue of 65M euros and over 170 employees in 2018. Kaslink was established by Raino Kukkonen, the father of current owners Tuomas, Juha-Petteri and Matti Kukkonen, also known as brothers Kukkonen.

Our modern production facility in Kouvola, by the Kymijoki river, enables us to manufacture many different kinds of cooking products, drinks and snacks. The latest production technology ensures that all our products are packed into eco-friendly carton packages which can be recycled and distributed extremely efficiently with long shelf life. Kaslink is a house of active R&D. We strengthen our sturdy food industry experience with our own research and development department.

PRODUCTS

1. Plant-based products, dairy products, sauces, water

SPECIALITY

Aito products are made using high-quality ingredients from the pure Nordic nature. Our products are packed into eco-friendly carton packages and sustainability goes through the whole production process





www.finncrisp.com/



SINCE

1952



EMPLOYEES

< 10



SIZE

Micro



HEADQUARTER

Veteli



The FINN CRISP brand was established in 1952, when FINN CRISP thin crisps were launched at the Helsinki Summer Olympic games.

Simple, pure and powerful FINN CRISP captures the essence of Finland for millions of people worldwide who care about eating healthily.

Finland has long traditions in crispbread consumption and crispbreads have been known in every household since the 1800's.

During the heyday of agrarian society, in the western part of Finland, it was traditional to bake bread only twice a year: in the autumn when the crops were new and in the spring, when the fresh water flowed freely in the streams and rivers after the winter. The crispy and nutritious bread was easy to store as it remained delicious for months.

Finn Crisp is produced by Vaasan, part of the Lantmännen Unibake Group. Finn Crisp is being exported to over 40 countries around the world.

PRODUCTS

1. Rye bread and rye snacks; flavored rye snacks

SPECIALITY

The Goodness of Nordic Nature. Products are thin&crispy. Baked with 100% wholegrain, rich in fibre and minerals, no additives, no fat added, no sugar added





www.pekanleipa.fi/



SINCE

1964



EMPLOYEES

< 100



SIZE

Medium



HEADQUARTER

Heinola



The history of Pekan Leipä goes back to 1888 when Bakery Manelin was founded in Heinola, Southern Finland. Local baker Pekka Mussalo bought the bakery in 1964 and the name was changed to Pekan Leipä Oy. Nowadays Pekka's son Arto Mussalo runs the business. Our breads and pastries are baked with traditional recipes with the twist of modern flavors. The quality, taste, healthiness and structure of the products are the main criterias guiding our product development.

Pekan Leipä Oy has been exporting organic bread to German market since 2003. The product became so popular that in the year 2008 a separate organic bakery was built in Heinola. In this modern IFS certificated bakery Pekan Leipä combines the traditional Finnish rye baking and the modern techniques.

Pekan Leipä's own brand, Finnbio, includes variety of Frozen Breads and Toasts. Toasts are also available as MAP (Modified Atmosphere Packed). Rye and Oats are widely recognized as part of healthy and balanced dietary. The easiest and most delicious way to ensure your daily intake of fiber is enjoy Finnbio Rye and Oat Breads. Our products are organic, lactose free and rich in fiber.

Pekan Leipä Oy manufactures breads also under private label to several German retail chains and to domestic customers. In 2015 Lidl's Biotrend Bio-Toastbrötchen both Rye and Wheat won DLG's Golden Medal.

PRODUCTS

1. Rye breads mixed with oat and other grains, and other bakery products

SPECIALITY

All ingredients are organic, lactose free and rich in fiber, and baked by using only traditional Finnish recipes





www.finnsnack.fi/en/



SINCE

2007



EMPLOYEES

< 10



SIZE

Micro



HEADQUARTER

Veteli



FinnSnack (former Ruislandia) is a bakery that brings together healthy ingredients, great flavour and traditional baking techniques. Pure nordic taste, made with care in genuine brick-ovens.

Generational legacy has reached its apex in our 18 meter long brick-ovens, which are further tuned to follow today's ecological requirements. Our ovens have the air-flow and humidity distinct to good brick-ovens, where the oven itself soaks in the moisture exhumed by the bread returning some of the moisture gradually back to the baking product during the process. Our products are baked or roasted twice in the oven – a unique baking process that guarantees crispy texture filled with flavour. For us, taste is everything.

We use only 100% Finnish ingredients. Mellow seabreeze and soft summer sun gives growth to the crops we use to give our products their deep, rich flavour.

Grown in fields far from pollution or traffic, with cold winters giving pests a hard a time, we can safely say our raw-materials are amongst the best and purest in the world. There are cheaper options available, but we want to use the best. And we hope, so do you.

PRODUCTS

1. Rye snacks and baby snacks

SPECIALITY

Rye snacks made from 100% Finnish ingredients using a unique baking process.





www.finnamyl.fi/en/



SINCE

1999



EMPLOYEES

< 25



SIZE

Medium



HEADQUARTER

Kokemäki



Finnamyl Oy was founded in 1999, while the processing plant has been operating in Kokemäki since 1942. The company also includes Lapuan Peruna Oy, whose entire output is sold to the paper industry where it undergoes further processing. The raw materials for our products, starch potatoes, are grown primarily in the fine sandy soil of the Satakunta and Southern Ostrobothnia regions. Finnamyl's vision is to be the leading starch-potato contract farming company in Finland, an active manufacturer and developer of starch potato products and player on the global market.

Potato starch can be used to great effect in a wide variety of dishes. Whether it's a stew, soup, gravy or sauce you've got on the hob, let potato starch add its own magic to the mix - not forgetting fluffy pastries. Our potato starch is also available in an organic variety.

Sago Pearls are manufactured from our outstanding potato starch. They can be used in a wide variety of cooking and baking. The best known Sago delicacy in Finland is Sago porridge (called Helmi porridge in Finnish). Finnish potato starch and granules are also suitable for a gluten-free diet. Control & Certification: Certified quality system (ISO 9001:2000).



PRODUCTS

1. Potato starch, organic potato starch, Granule porridge
2. Industrial & large-scale potato starch & organic potato starch

SPECIALITY

Gluten-free and organic potato & potato starch products





www.birkkala.com/en/



SINCE

2014



EMPLOYEES

<



SIZE

-



HEADQUARTER

Suomusjärvi



Spelt (*Triticum spelta*) is an approximately 9,000 years old plant; one of the first grains cultivated by humans. Spelt can be used for all baking and cooking. It gives a nutty, aromatic and full flavour to pastry and food. The most significant nutritional property of spelt is its **rich protein content**. Whole spelt grain also contains **plenty of fibre**. According to a study carried out in Australia, spelt contains less specific short-chained carbohydrates (**so-called FODMAP carbohydrates**) than other grain, which reduces abdominal swelling and pain experienced by some people.

The spelt products from Birkkala Farm are authentic and original spelt. Our products are available for both **organic** and with the **produce of Finland label**. Spelt flour from Birkkala is grained in our own farm in a **stone mill**. Our spelt flour are milled in a stone mill that mills the grain gently, so that the vitamins and minerals are not damaged. Our product are available in all well-stocked grocery stores.



PRODUCTS

1. Spelt whole grains, wholemeal spelt flakes, pearled spelt
2. Semolina spelt flour, spelt wholemeal flour, spelt white flour



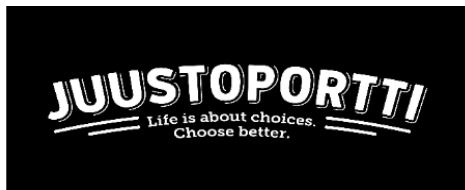
SPECIALITY

Suitable for special diets, less allergenic and better digestible, processing only spelt.





Dairy



www.juustoportti.fi



SINCE

1966



EMPLOYEES

150



SIZE

Medium



HEADQUARTER

Jalasjärvi



Juustoportti is a family owned cheese manufacturing company, established in 1966. Company is well-known for high quality products, especially hand-made cheeses and free cow's milk. Juustoportti's most popular product is the grilled Arctic Cheese, the most consumed Finnish cheese.

The vast majority of Juustoportti's dairy products are made in its own dairy close to downtown Jalasjärvi. Its production technology is one of the most modern in Finland. The cornerstones of the production rest on continuous and goal-oriented product development, high-quality products and skilled staff. Juustoportti is not afraid of making bold investments.

Special cheeses are made in the exhibition creamery in connection with the café-restaurant in Jalasjärvi, which allows the customers to see cheese-making in a genuine setting. Exports currently to European countries, mainly Germany.

PRODUCTS

1. Special cheeses, salad cheeses, milk, buttermilk, cream, yoghurt, curd, butter
2. Oat based products

SPECIALITY

Hand-made cheeses with one of the most modern production technology in Finland





www.valio.fi/



SINCE

1905



EMPLOYEES

< 5000



SIZE

Large



HEADQUARTER

Helsinki



Valio Ltd (Finnish: Valio Oy) is one of the biggest companies in Finland and mostly produces dairy products such as cheese, powdered ingredients, butter, yogurt and milk. Valio has net sales of EUR 1.7 billion and is Finland's biggest food exporter. Valio products are found in some 60 countries and account for 25% of Finland's total food exports.

Valio, offering the taste of Nordic nature since 1905, is a brand leader and the biggest dairy business in Finland and a major player in the international dairy ingredients market. Our product development follows in the footsteps of Nobel Prize winner A. I. Virtanen, and the company holds over 300 patents in 50 countries. Valio seeks strong growth in international markets and has subsidiaries in Russia, Sweden, the Baltics, USA and China.

PRODUCTS

1. Milk & Dairy products; cheese, butter, yoghurt, powdered ingredients
2. Lactose-free patented solutions (LGG)
3. Plant based dairy alternatives



SPECIALITY

Lactose-free dairy products, probiotic, high-protein etc. All types of dairy products





Other



www.virgino.fi/en/



SINCE

1994



EMPLOYEES

< 30



SIZE

Small



HEADQUARTER

Turenki



Virgino is manufactured by Kankaisten Öljykasvit Oy, the first enterprise to bring cold-pressed rapeseed oil to nationwide distribution in Finland. Our business philosophy is to provide the market with the best cold-pressed rapeseed oil as regards health effects. As a by-product, the extracted rape seeds compressed to pellets make nutritious animal feed. We strive for the best service capability in the market.

We offer cold-pressed edible Virgino[®] rapeseed oil and Organic Virgino[®] - rapeseed oil for retail distribution. Our products are of high quality and provide excellent health benefits. The effects that our products have on cardiovascular health are excellent. Virgino[®] oil has been found to contain high amounts of, among others, Omega-3 and Omega-6 fatty acids, as well as vitamin E and lecithin.

Virgino[®] is Finland's second best-selling cooking oil. Our products are mild in taste, consistent in their quality and lightly-coloured. The taste of the product is reminiscent of sunflower seeds. We pay special attention to the selection of the raw materials that are used in our products and our production process is carefully controlled, which allows us to offer customers the highest quality products.

PRODUCTS

1. Cold-pressed rapeseed oil, Organic rapeseed oil, cold-pressed flavoured oil

SPECIALITY

Finland's second best-selling cooking oil





www.puhdistamo.fi/



SINCE

2009



EMPLOYEES

< 20



SIZE

Small



HEADQUARTER

Lempäälä



The first superfood brand from Finland, already since 2009!

Since it's foundation, Puhdistamo has invested fully in high quality. Our customers know that products with our logo are the best in their categories.

Puhdistamo products enzymes and various types of health & diet superfoods from natural ingredients. All of their products are gluten, milk and GMO free.



PRODUCTS

1. Coconut oils, coconut water, chaga crumb, rice protein, green powder, chaga extract, berry smoothies, chia seeds; various other berry products and health products

2. Enzymes

SPECIALITY

Organic and locally produced berry products





www.nordqvist.fi/en



SINCE

1987



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Savonlinna



The Finnish Nordqvist tea house has been conducting business for three decades now. The company started out as a retail shop in 1979, when a shop specializing in flavored tea blends and selling loose tea was still a novelty in Finland. The company offers rooibos, black, green, white, oolong, fairtrade, organic and herbal infusion teas and teabags, and other specialties.

Nowadays Nordqvist sells tea in Finland, Russia and the Baltic countries, and on more distant markets, such as Japan.

The tea varieties bought from abroad are combined with other delicious ingredients like berries and pieces of fruit, flowers, and various aromas to give the tea sorts a special taste. Nordqvist is happy to try new things, like the cold brew ice tea, but also cherish their best, traditional recipes:

“We want everyone to be able to enjoy tea.”

PRODUCTS

1. A broad selection of loose teas
2. A broad selection of teabags

SPECIALITY

Organic and fair trade teas. Nordqvist tea house takes responsibility for societal relations. We take care of the quality of the products that we buy, while paying attention to collaborating companies and operators.





www.apetit.fi/en/



SINCE

2006



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Säkylä



Apetit is Finland's leading brand in frozen vegetables and frozen ready meals. Our offering consists of frozen vegetables, vegan and vegetarian burgers, pizzas and fresh vegetables.

Most of the vegetables used by Apetit are produced by around 100 Finnish contract growers. The most important raw materials are potatoes, leeks, carrots, peas, spinach, swede, parsnips, celery, beetroot and organic spinach. Thanks to Integrated Pest Management (IPM), the origin of these raw materials is always known, right down to the field they were grown in.

Apetit also has product ranges for vegan and vegetarian products. The Apetit Vegan and Vegetable Products work for casual healthy eaters, vegetarians and full on vegans. They are suitable for everyone who expects easy and tasty plant based foods loaded with protein. For example the ready to use patties and balls are easy to include in daily meals.



PRODUCTS

1. Frozen vegetable products (i.e. frozen peas, frozen vegetable mix)
2. Frozen ready meals (i.e. quinoa vegetable burger, frozen pizza, vegan patties)
3. Vegetable oils



SPECIALITY

A broad selection of ready to use products suitable for a vegetarian or vegan diet, free from range



SILMUTM SALAATTI

www.silmusalaatti.fi



SINCE

2012



EMPLOYEES

< 50



SIZE

Small



HEADQUARTER

Säkylä



The Silmusalaatti salads are cultivated in Vaarala, Vantaa at the homestead of organic farmer Samuli Laurikainen. We harvest our greenhouse close to a hundred times a year to be able to offer You the best possible taste. The clear water of Lake Päijänne and clean seeds are all that we need for cultivation. The taste of each Silmusalaatti variety comes from the precise use of varieties, with nothing extra added.

Silmusalaatti is always fresh and grown safely from pure ingredients only. Silmusalaatti is tasty and provides several different flavours and textures – a great option for the person looking for variety on their plate. Silmusalaatti is on sale at every well-stocked store's vegetable section!

A sprout (gemma in Latin) is the shoot of a plant in the early stage of growth. Silmusalaatti (Finnish for “sprout salad”), in turn, is a mixture of different sprouts that have been grown from seeds. The taste is determined by the variety of seeds grown together.



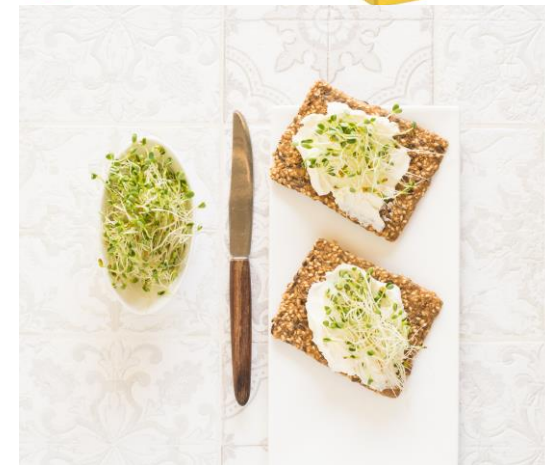
PRODUCTS

1. Sport salads with different flavours



SPECIALITY

No fertilisers, pesticides, or preservatives are used.



EU Recommendation on Company Size



Company category	Employees	Turnover	or	Balance sheet total
Medium-sized	< 250	≤ € 50 m		≤ € 43 m
Small	< 50	≤ € 10 m		≤ € 10 m
Micro	< 10	≤ € 2 m		≤ € 2 m

Company sizes in the list according to EU recommendation



= Company has products with EU organic logo certification

